

ORIENTATION

Grade 7

PIGEON LAKE REGIONAL SCHOOL
HOME OF THE PANTHERS!!!



Welcome
School Year of 2023-2024

Registration September

On the first day of school, all students will receive a student handbook (also available on the plrs.ca website). The parents and students should become familiar with the student handbook as it contains the policies of the school as it affects the students.

The school is planning to pre-register all students this year. Any students new to the area, will need to complete a registration form. The parents and students complete these forms and return it to your school.

FIRST DAY OF CLASS

The first day of classes at any school can be an exciting and frightening experience. To ease the transition into Pigeon Lake School:

- 1) Students will be directed to their block 1 class by staff at the front of the school.
- 2) During this time, teachers will spend some time getting to know their students and the class will go over the policies and procedures of the school. Students will also receive their timetable and locker assignments.
- 3) At some point in the morning on the first day, there will be a quick school assembly in the gym with the admin team. We will welcome all students to PLRS during that time. Students will return to their class shortly after.
- 4) Students will get a chance to tour the school and practice using the locks on their lockers.
- 5) During the first week of classes, grade 7 students will be dismissed from their last block class five minutes early so that they can get to their lockers, gather up homework materials, and meet their bus on time.

DETAILS about PLRS that you should know

- Students will need a second pair of shoes exclusively for the gym.
- Students will need some supplies on the first day of school: a binder, loose-leaf sheets, pen, and a pencil (See school supply/list on the PLRS website).
- PLRS is a “*closed campus*”; students in Junior High (7-9) are not allowed to leave the school grounds during the day.
- Schedules for the year are found in the calendar part of the student handbook that students will receive the first day. It is a good idea to look at this book and write important dates on your calendar.

COUNSELING SERVICES

There is staff available for any academic, career or personal issues. This includes: Family School Liaison, Inclusion Coach, Success Coach, Indigenous Support Worker and Administration.

ACADEMIC PROGRAMS

CORE SUBJECTS

All Junior High School students take the subjects outlined below. Every student takes the same program as outlined for their grade by the Department of Education. The student will remain in their homeroom grouping for the core subjects. Core subjects are year long courses (Sept. to June). For complementary courses (options), students will not be in their homeroom groups. Junior high complementary (options) classes are divided into quarters. You will be able to take 4 options throughout the year.

Grade 7 Core Subjects

Language Arts
Mathematics
Social Studies
Science
Physical Education
Health

Grade 7 Complementary Classes (options)

Art
Computers
Construction
Design
Foods
Fall Sports
Spring Sports
Electro-Technology
Photography
Drama
Fashions

EXTRACURRICULAR ACTIVITIES

Intramurals

Open intramurals are held during the noon hour and are open to all students. There are a variety of activities anticipated for the next year including floor hockey, dodgeball, volleyball, badminton and much more. We hope you give "Intramurals" a try because winning isn't that important unless you are playing against the teachers.

Volleyball, Basketball

Pigeon Lake has "A" and "B" boys' and girls' teams. Practices and games are held after school; tournaments on Saturdays and evenings. Please listen and watch for announcements when tryouts are starting. We encourage all students to try out, whether you have played the sport before or not.

Badminton

Practices and games are held after school; tournaments on Saturdays and evenings.

Track and Field

Track and Field is held in the spring and includes at least one major meet. Track is an important part of your physical education class and each student must try some of the events, but not necessarily at the major track meet. Our events are slightly different and a lot of fun. We have running long jump, high jump, shot put, discus, javelin, triple jump, sprints, long distance running and relays. There is a Jr. High track meets each year in May.

Students Union

The activities of the "student body" originate from you, the students, by way of a group of students who form a "school government". This group plans lots of fun activities for this school including dress up days and dances.

If you have any ideas, or want to meet new people and work on committees, please join us and prepare for a year of fun and activity. We Need You!

Board Game Club

If you like playing board games, this club might be for you, also a great way to socialize and meet students in our school you may never get the chance to meet. Students will meet once a month to hone and show your skills.

Computer Club

The Computer Club at PLRS is an informal group of students interested in using the available computer equipment during the noon hour. Students are exploring the new equipment and software in the computer Lab.

School Reach

This is a co-curricular program for students. Reach teams represent their schools in fast-paced trivia quizzes challenging both their knowledge and speed of recall.

Teams consist of four players and there are three levels, junior (grades 7-8), Intermediate (up to grade 10) and Senior (up to grade 12). School Reach teams build their skills with weekly practices at lunch and afterschool. Each team is then invited to compete at the regional or league levels with other schools in their surrounding area. Intermediate teams have the chance at competing in provincial competition and senior teams winning provincials can compete in the National Finals of Reach For The Top to be held annually in May.

Milk Store

The milk store is open at lunchtime. It is open from 11:58 - 12:38 every day. All the proceeds go back to the school. There are numerous items for sale, including submarine sandwiches, milk, juice, ice cream, and novelties.

Café

The PLRS Café is another food service made available to students and staff, with homemade, nutritional and affordable food served at lunch. All the proceeds go back to the school. This service is available every lunch hour and features pizza, sandwiches, fries, taco in a bag, wings and burgers. PLRS students are involved in the preparation and service of this food. Please check out the cafe schedule on the plrs.ca website or the sign as you enter the school each day for the feature of the day!

Bell Schedule

<i>Day 1</i>	<i>Day 2</i>	<i>Day 3</i>	<i>Day 4</i>
Warning Bell 8:45			
Period 1 8:45-9:15 (30 min)	Period 1 8:45-9:15 (30 min)	Period 1 8:45-9:15 (30 min)	Period 1 8:45-9:15 (30 min)
9:15-9:18			
Period 2 9:18-10:36 (78 min)	Period 2 9:18-10:36 (78 min)	Period 2 9:18-10:36 (78 min)	Period 2 9:18-10:36 (78 min)
10:36-10:40			
Period 3 10:40-11:58 (78 min)	Period 3 10:40-11:58 (78 min)	Period 3 10:40-11:58 (78 min)	Period 3 10:40-11:58 (78 min)
Lunch 11:58-12:38 (40 min)	Lunch 11:58-12:38 (40 min)	Lunch 11:58-12:38 (40 min)	Lunch 11:58-12:38 (40 min)
Period 4 12:38-1:56 (78 min)	Period 4 12:38-1:56 (78 min)	Period 4 12:38-1:56 (78 min)	Period 4 12:38-1:56 (78 min)
1:56-2:00			
Period 5 2:00-3:18 (78 min)	Period 5 2:00-3:18 (78 min)	Period 5 2:00-3:18 (78 min)	Period 5 2:00-3:18 (78 min)

DIRECTED LEARNING BLOCK

- The first 30 minutes of each day is devoted to a number of different skills
 - Literacy / Reading
 - Numeracy
 - Social Studies Skills
 - Computer Skills
 - Wellness / PE
 - Organization
 - Science Lab Skills
 - Coding
 - Using Google
 - An Extra Option
 - Response to Intervention (extra help, reteaching)

RULES OF CONDUCT

It is expected that students:

- Listen and complete assignments
- Attend school regularly and be punctual in arriving to class
- Cooperate fully with both teaching staff and support staff
- Comply with the expectations and procedures of the school, as presented by staff and school handbook

Lockers

Students will be issued a school locker and lock on their first day of school. The lock combination will be kept on file in the office. All other locks will not be permitted. Lockers must be locked at all times. Failure to follow these rules will result in loss of locker privileges.

Closed Campus

Pigeon Lake has a closed campus, which means that students are not allowed to come and go from the school without parental consent and without formally “signing out”.

Attendance

- **Parents/guardians are required to call, send a note, or Safe Arrival each time a student is absent. If no notification is given, the absence will be considered “unexcused”.**
- If attendance continues to be a concern, the student could be subject to the following actions. Listed in order of severity:
 - Letter / phone calls home / parent meeting(s)
 - Exclusion from extra-curricular activities
 - Removal from class or course
 - Referral to the Provincial Attendance Board

School Supply List

- 4 - 2 Inch Binders
- 400 - Pages of lined loose-leaf paper
- 4 - Sets of dividers
- 10 - Duo-tangs
- 20 – Pencils
- 1 - Set Pencil Crayons
- 4 - Erasers (white preferred)
- 1 - Scissors
- 4 - Dry-erase fine tip markers (for whiteboards)
- 2 - Correction tape (white out)
- 2 - Glue sticks
- 1 - pkg. pens (blue, red & black)
- 1 - 1 ½ Inch binder for ELA portfolio
- 1 - Mechanical Pencil (preferred for graphing)
- 1 - pkg. highlighters (assorted colors)

- 1 - pkg. post-it notes (assorted colors)
 - 1 - pkg. post-it flags (assorted colors)
 - 1 - pkg. Paper reinforcements
 - 1 – Ruler, 1 - Geometry Set
 - 1 – pkg. plain paper
 - 1 - pkg. graphing paper
 - 1 - Scientific Calculator (Jr High: Sharp EL-520X, Sharp EL-531XG or Similar)
 - 1 - Set of headphones
 - 1 - Dictionary
- All Students will need a set of gym clothes (sweats/shorts, shirt, running shoes)

Grade 6 visits

Grade 6 classes will have the chance to come to PLRS and join a grade 7 class. Staff from PLRS will also be visiting the elementary schools.

Coming to PLRS

- Falun - April 24th
- Pipestone - April 25th
- Mimiw Sakahikan - April 25th
- Lakedell - April 27th

PLRS Staff to Elementary

- Falun - May 1st
- Pipestone - May 2nd
- Mimiw Sakahikan - TBD
- Lakedell - May 1st

Grade 7 Orientation

We will host a 2 hour orientation for grade 7s in August. We will post the date closer to the end of the school year.

School Startup

The first day of classes is scheduled to start on Wednesday August 30, 2023.